BURGESS FALLS

**Distance:** 1.6 miles  
**Elevation Change**: 209 feet  
**Difficulty:** Easy  
**Area of the State:**Middle Tennessee  
[**Trail Info**](https://www.alltrails.com/trail/us/tennessee/burgess-falls-trail)

An easy trek to amazing waterfall views? Yes, please! Burgess Falls in [Burgess Falls State Park](https://tnstateparks.com/parks/burgess-falls) is picture-perfect and fun for all hiking levels.

The Falling Water River rises at the edge of the Cumberland Plateau and traverses the Eastern Highland Rim before dropping off to the Nashville Basin and emptying into Center Hill Lake along the Caney Fork. But what it’s REALLY known for is the 136-foot Burgess Falls.

The falls spill into a large limestone gorge, enclosed by sheer 100-200-foot walls. It’s a sight to behold, to be sure! While hiking to Burgess Falls, you’ll actually pass three other falls along the way.

This hike is popular on weekends, so plan accordingly!

<https://tnstateparks.com/parks/burgess-falls>

**LOCATION AND INFORMATION FOR BURGESS FALLS**

Below you can find Burgess Falls address and phone number for easy directions. You can copy the address below and paste it in your GPS for easy navigation.

4000 Burgess Falls Dr.

Sparta, TN 38583

[(931) 432-5312](https://www.google.com/search?q=burgess+falls+state+park&rlz=1C1AJZK_enUS849US850&oq=burgess+falls+state+park&aqs=chrome..69i57j0l3j69i61l2.6889j0j7&sourceid=chrome&ie=UTF-8)

You can find the [**Burgess Falls trail map here**](https://tnstateparks.com/assets/pdf/additional-content/park-maps/45-burgess-falls.pdf) for hiking navigation purposes.

Don’t forget to check the [**Burgess Falls State Park website**](https://tnstateparks.com/parks/burgess-falls) for advisories, possible closures and more details on this gorgeous park.

Note: There is no camping at Burgess Falls State Park. There are, however, nearby campgrounds but are not part of the park. I haven’t checked them out personally but did past a one or two on the way there. [**Rock Island State Park**](https://thewalkingmermaid.com/blog/guide-to-rock-island-state-park-tennessee)and [**Fall Creek Falls State Park**](https://thewalkingmermaid.com/blog/guide-to-fall-creek-falls-state-park-tennessee) are nearby and they do have a campground available.

FALL CREEK FALLS

Fall Creek Falls State Park is easily one of the most famous state park in Tennessee. Its iconic waterfall (the park’s namesake) attracts visitors from all over the state and country who are seeking a view of the 256ft tall falls as its water plunges from dramatic cliffs into a steep gorge. The waterfall– one of the largest east of the Mississippi– is rightfully one of the park’s most popular attractions and a huge draw for visitors planning their next state park adventure. The actual falls at Fall Creek Falls, however, is only the beginning of what this park has to offer.

From trails that wind through virgin hardwood forest to waterways primed for excellent fishing and, of course, gorgeous falls that create the most picturesque of views Tennessee has to offer, Fall Creek Falls has it all. The park’s natural features, along with the infrastructure developed to create more opportunities for outdoor recreation and adventure, makes planning a trip to Fall Creek Falls a task filled with seemingly endless possibilities.

There are activities for almost every type of outdoorsperson to explore. Test your skills on the Canopy Course Challenge, go for a paddle on Fall Creek Lake, rent a mountain bike and explore the winding trails through miles of untouched forest. Fall Creek Falls State Park is the ideal location for explorers looking to broaden their horizons and plan their perfect state park trip.

## **History**

Located in Bledsoe and Van Buren counties, Fall Creek Falls is one of the state’s largest parks, spanning nearly 30,000 acres of land across the eastern top of the Cumberland Plateau. The land where the park is located sits on historic Shawnee and Cherokee land. The park’s creation started in 1937, when the federal government began purchasing land around the falls.

The land suffered from severe erosion and soil degradation at the time, triggering forest restoration efforts by the WPA and CCC. Around the same time, these groups also began to construct park facilities in the area to accommodate visitors seeking views of the iconic waterfalls and meandering streams. In 1944, ownership of the land was transferred to the state of Tennessee, marking its true establishment as a Tennessee State Park. Today, the 33,000 acres of park can be explored by foot, bike, car, and boat.

## **Trail Use**

Fall Creek Falls State Park offers more than 50 miles of trails throughout its gorgeous, hardwood forests. These trails can by hikers and bikers as they trek through the park gaining beautiful views of the scenery and wildlife surrounding them.

### Hiking

Different hiking options for visitors looking to put on their trekking shoes range from short strolls, day hikes, and overnight backpacking routes. These hikes cover all sorts of terrain and take hikers to the base of falls, along streams and creeks, throughout the woods, and around Fall Creek lake. Check the website for trail maps and more information to plan your hike(s) in the park.

### ADDRESS

2009 Village Camp Road, Spencer, TN 38585

### PHONE

423-881-5298

RUBY FALLS

Ruby Falls is a series of underground cascading waterfalls totaling 145 feet tall underground waterfall inside a limestone cavern in Lookout Mountain, near Chattanooga, Tennessee, in the United States.

[**Height**](https://www.google.com/search?sca_esv=574510585&q=ruby+falls+height&stick=H4sIAAAAAAAAAOPgE-LUz9U3MMs2LUrXkstOttJPT81PL0osyKjUL08sSS1KS8zJscpIzUzPKFnEKlhUmlSpABIqVoCIAQDhkdFzQQAAAA&sa=X&ved=2ahUKEwjM15bEoICCAxWXl2oFHascByEQ6BMoAHoECHkQAg)**:**145′

[**Area**](https://www.google.com/search?sca_esv=574510585&q=ruby+falls+area&stick=H4sIAAAAAAAAAOPgE-LUz9U3MMs2LUrXkspOttLPyU9OLMnMz4MzrBKLUhMXsfIXlSZVKqQl5uQUK4BEACtOhNg7AAAA&sa=X&ved=2ahUKEwjM15bEoICCAxWXl2oFHascByEQ6BMoAHoECHgQAg)**:**10 acres

[**Location**](https://www.google.com/search?sca_esv=574510585&q=ruby+falls+location&sa=X&ved=2ahUKEwjM15bEoICCAxWXl2oFHascByEQ6BMoAHoECH0QAg)**:**Scenic Hwy., [Chattanooga](https://www.google.com/search?sca_esv=574510585&q=Chattanooga&stick=H4sIAAAAAAAAAONgVuLQz9U3KKgqqFrEyu2ckVhSkpiXn5-eCADil_flGgAAAA&sa=X&ved=2ahUKEwjM15bEoICCAxWXl2oFHascByEQmxMoAXoECH0QAw), [Tennessee](https://www.google.com/search?sca_esv=574510585&q=Tennessee&stick=H4sIAAAAAAAAAONgVuLQz9U3MM8wNlnEyhmSmpeXWlycmgoAD7PKoRgAAAA&sa=X&ved=2ahUKEwjM15bEoICCAxWXl2oFHascByEQmxMoAnoECH0QBA)

[**Built**](https://www.google.com/search?sca_esv=574510585&q=ruby+falls+built&sa=X&ved=2ahUKEwjM15bEoICCAxWXl2oFHascByEQ6BMoAHoECH8QAg)**:**1929

A favorite destination for over 90 years, Ruby Falls is home to the tallest and deepest underground waterfall open to the public in the United States.

Pick your adventure and descend 260 feet by glass-front elevator into the mountain and explore the cavern trail to the tallest cave waterfall open to the public in the United States. Learn the story behind the accidental discovery of the cavern, see stunning rock formations, and experience the thundering waterfall!

Take in the beautiful view of the Tennessee Valley, Cumberland Plateau, and Tennessee River from high atop historic Lookout Mountain Tower and Blue Heron Overlook. Relax and enjoy the mountain breeze from the front porch of historic Ruby Falls Castle and the Village Plaza.

Committed to cave conservation and environmental sustainability, Ruby Falls is the first attraction in the United States to earn certification from Green Globe and is recognized as a leader in tourism sustainability.

Just minutes from downtown Chattanooga, there is always something new to learn, discover and experience at Ruby Falls with events throughout the year.

ROCK CITY